MONTHLY BANGALORE BANNERGHATTA ROAD CAMPUS NEWSLETTER MARCH 2024 | ISSUE 009



"Education is not just about going to school and getting a degree. It's about widening your knowledge and absorbing the truth about life." - Ratan Tata



"TO CHASE DREAMS,BE BRAVE LIKE A KNIGHT.PUT ON YOUR COURAGE ARMOR, CHARGE INTO THE BATTLE WITH STRONG DETERMINATION AND WATCH YOUR DREAMS UNFOLD"

Sustainable Behavioral Change For Holistic Mind Body Wellness/ Psychology

9 March 2024

Mr. Sanskar Agarwal, a distinguished Certified Instructor renowned for his expertise in life coaching, psychological counseling, and public speaking, led an engaging and informative interactive session. Drawing from his academic background, including a master's degree in counseling psychology with a focus on health psychology from Christ University in Bangalore, Mr. Agarwal provided valuable insights and practical strategies for personal growth and effective communication for both individuals and organizations.

The session commenced with an introspective opening, facilitating participant introductions, which proved particularly relevant and beneficial for graduating students. Participants were encouraged to share personal perspectives, challenge prevailing superstitions, engage in a feelings check, and express their food preferences. Mr. Agarwal then presented learning objectives in a visually engaging gallery format, covering key concepts such as psychology, the brain, emotions, and health.

A significant focus of the session was the exploration of the mind-body connection, with an emphasis on the crucial interplay between emotions and physiology. Various topics were discussed, including the relationship between mental health and diabetes, symptoms of depression, and distinctions between Western and Eastern perspectives on physical symptoms. Mr. Agarwal underscored the importance of talk therapy as a means to comprehend and address challenges by leveraging different brain areas.

Post-session assessments revealed an enhanced understanding among participants, accompanied by insightful comments. Attendees were deeply impacted by Mr. Sanskar Agarwal's comprehensive coaching and training style, which seamlessly integrated academic knowledge with practical applications. Overall, the session proved to be highly successful and left a lasting impression on all those in attendance.





Secularism, Islam and Education in India 5 March 2024

Dr. Ivermee discussed two prevalent forms of secularism in modern society. The first entails a state completely detached from funding any religious activities, maintaining strict separation between state and religion. The second model, exemplified by countries like India, depicts a state that remains neutral on religious matters without showing any preferences, as evidenced by constitutional articles such as Article 25, 26, and 28.

The guest elaborated on the evolution of education, particularly noting significant developments in the 18th century. During this period, there was a notable shift towards state-funded private institutions aimed at promoting a secular educational model, free from undue religious influence.

The speaker highlighted the discontent among the Muslim community during the 1857 revolt, particularly regarding the imposition of an imperial education system. British-founded Madrasas in Calcutta emphasized teachings based on the Quran and Hadith, which colonial authorities viewed as backward and dogmatic.

In response, Muslim leaders established organizations such as Anjuman-e-Islam and the Mahomedan-Libertarian Society to mobilize communities in Punjab, Bengal, and other regions of India. Aligarh emerged as a focal point for Muslim reservations, with Sir Syed Ahmed Khan addressing educational backwardness and founding the Muslim Educational Conference in 1886.

Simultaneously, the establishment of the Indian National Congress in 1886 marked the beginning of demands for political rights, while Muslims identified themselves as a distinct community with specific interests, as articulated in Sir Syed Ahmed Khan's writings.

The demand for a Muslim university persisted after Sir Syed Ahmed Khan's death, leading to the transformation of the Muslim Educational Conference into the All India Muslim Political Party in 1906. Eventually, in 1920, this demand culminated in the establishment of the prominent Aligarh Muslim University.

The event concluded with an interactive session where students addressed contemporary issues, drawing connections to historical precedents.



Gender Responsive Budgeting In India

14th March 2024

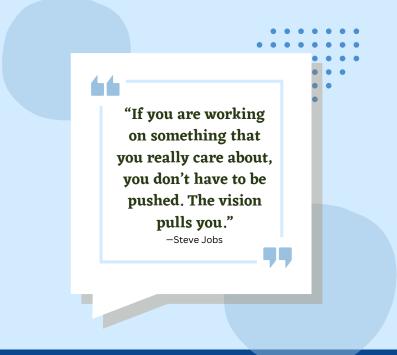
The event kicked off with an introductory address by the emcee, setting the stage for a discussion on relevant issues. Dr. Venkatanarayanan S., Head of the Department of Political Science and History, delivered the welcome speech, shedding light on the prevalent gender disparity gaps in both rural and urban India. He stressed the urgent need for resource allocation to effectively tackle these issues.

Subsequently, Dr. Abhiruchi Ranjan (Faculty Coordinator of the Gender Sensitization Club) addressed the audience, emphasizing the importance of focusing on overlooked areas in gender-responsive budgeting. She underscored the significance of achieving gender equality outcomes in society by comprehensively addressing women's needs.

The guest lecture by Professor Dr. Vibhuti Patel delved into the significance of genderresponsive budgeting in India and raised awareness about its impact on gender issues. Dr. Patel discussed strategies for generating revenues in a gender-responsive manner and highlighted the role of gender-responsive budgeting in integrating gender issues into mainstream policies.

An interactive Q&A session provided students with the opportunity to directly interact with Dr. Patel, gaining valuable insights and clarifications. Kavya Manoj, Head of the Gender Sensitization Club, delivered the vote of thanks, expressing appreciation to the speakers and attendees.

The event concluded with the emcee's closing remarks, leaving participants inspired and motivated to persist in their efforts toward achieving gender equality. The discussions and presentations underscored the importance of addressing gender disparities and implementing gender-responsive policies for a fairer society.





WOMEN'S DAY 7 March 2023

A brief summary of the list of Government schemes for the Women in India was circulated on the University website – KnowledgePro and forwarded to the department of Psychology via Whatsapp. The central and state government schemes such as Beti Bachao Beti Padhao Yojana, Sukanya Samriddhi Yojana, Pradhan Mantri Matru Vandana Yojana and Mahila e-Haat, along with their vision and significance were mentioned.

The schemes for Women's health and education and empowerment were introduced: Pradhan Mantri Mahila Shakti Kendra scheme, National Mission for Empowerment of Women, Rashtriya Mahila Kosh and National Scheme of Incentive to Girls for Secondary Education.

The schemes brought to notice the efforts made by the government towards women upliftment in different spheres of life. The efforts made for overall development and empowerment across all sectors were made aware: Pradhan Mantri Bhartiya Jan Aushadhi Pariyojana, Digital India, Pradhan Mantri Jan Dhan Yojana and Pradhan Mantri Kisan Samman Nidhi Yojana.

Stall for Cervical Cancer Awareness:

The stall for Cervical cancer awareness made use of an info graphic poster and a presentation that comprised frequently inquired questions of the disease. The student volunteers also engaged with the audience through a myths-and-facts game to provide insights on the precise nature of the disease and surrounding misconceptions. The stall talked about the importance of awareness and the vaccine doses required and the nearest medical centers that provide it. The symptoms and risk factors of cervical cancer were spoken about, with the presence of teal ribbons to signify awareness for the same.



BLOSSOMS 2024

NTER-DEANERY

OVERALL CHAMPIONS



BLOSSOMS2024



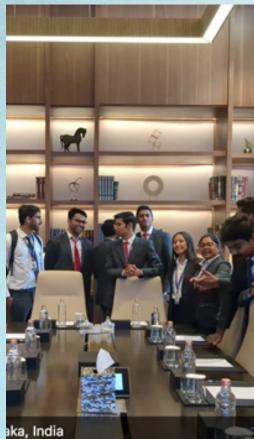






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Visit to Leela Bhartiya City 26 March 2024

The industry visit to Leela Bhartiya City, Bangalore, was a comprehensive and experience. enriching From the informative presentation to the immersive tour of the hotel facilities, every aspect of the visit provided valuable insights into workings the of a luxury hotel establishment. Highlights included culinary delights, luxurious amenities, and opportunities for career growth through the Leela Development Program. Overall, the visit reinforced the students' appreciation for excellent hospitality and left them inspired by the standards upheld by Leela Bhartiya City.





sports news



INTER - CLASS FOOSBALL TOURNAMENT

On March 15th to 16th, 2024, CHRIST (Deemed to be University), Bangalore, Bannerghatta Road Campus, hosted the Inter- Class Foosball tournament, attracting participants from various classes of BGR Campus. The tournament, held in three different time slots.The tournament featured 30 classes to battle it out to be crowned as the champions of Inter- Class Foosball Tournament 23-24. Encouraging healthy competition and instilling values of sportsmanship, teamwork, and discipline among participants.Providing a platform for student athletes to showcase their skills and abilities, fostering recognition and appreciation for their efforts. Promoting physical activity and well-being among participants, contributing to a healthier campus culture and lifestyle. The success of the event underscores the university's commitment to nurturing wellrounded individuals equipped with both academic and athletic excellence.



MOCK PARLIAMENTARY ELECTIONS 2024 18TH MARCH 2024 TO 23RD MARCH 2024



The Mock Parliamentary Elections (MPE) is the flagship event of AGORA, the Department of Political Science and History student body association. MPE provides students a hands-on opportunity to engage with India's electoral system through a meticulously crafted simulation, complete with a functional Election Commission. Within this framework, students conceive various institutions to partake in the electoral process. The Election Commission comprises the core team of AGORA and members from second-year classes of the Department. Participation in the event is mandatory for classes 4EPH, 4EMP, and 2BAPOLS, as it forms a crucial component of their Continuous Internal Assessment (CIA). The participating institutions encompass political parties, media houses, think tanks, and individual reporters. The event also introduced, for the first time, Legal Firms. The Election Commission assumes pivotal roles and positions within the simulation.

The event occurred from 18th March to 23rd March 2024 of through a series intense debates. press conferences. manifesto presentations, and speeches unfolding as various institutions engaged in a spirited battle. Over 300 participants from 11 Political Parties, 16 Media houses, 8 Think Tanks, and 5 Legal Firms and Individual Reporters contributed to the discourse. The process encompassed voting polling booths from 9:00 AM to 5:30 AM at BGR and Central Campus.





CHRIST (Deemed to be University) Bangalore Bannerghatta Road Campus Bannerghatta Main Road, Hulimavu, Bangalore, Karnataka 560076 Phone: 080 4655 1333 | Fax: 080 4655 1400 | Email: mail@christuniversity.in